# **Services Today**

rvices Today is designed to keep our customers informed about the facilities and events managed by the Services Division. The opinions expressed are not necessarily those of Bolling Air Force Base, DoD or the USAF. All program dates and times are subject to change. Appearance in this publication does not constitute endorsement of the products or services by the DoD. For more information on this publication, contact the Services Marketing office at (202) 767-1371.

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### **Inside Services Today**

Spotlight on Services Employees	.2
Freedom Fest 2006	.3
Summertime Fun with Services	4-5
Party on the Patio	6
Pettini's for Pizza	6
Club Special Events	.7
Club Information	8-9
Summer Reading Program	10
outh Information	11
Fitness / Pentagon Services	12
Arts and Crafts / Auto Skills	13
Summer Splash	14
Services Directory	15
Facility Map	16

# **Get Ready for Freedom Fest 2006!**



# **Spotlight on Services Employees**

Marketing Director

Marketing Assistant

Graphic Illustrator



n Services, we appreciate our employees. Serving those who serve is a noble calling. Our employees are the best! Our customers think so too, as evidenced by the hundreds of positive comment cards we get each month.

"Do you know Isaac Melendez? I just read 15 customer comment cards for April and all were from fitness enthusiasts saying Isaac provides the best customer service in the Fitness Center. He gives great explanations, proactive, professional,

and he's always on the floor interacting with the customers. When a machine goes down he is right there to fix it. He's courteous and friendly. He lets customers know the improvements projected for the facility and makes sure the floors are clean. This is a great testimony to Isaac and shows how the Services team is "Making the grade."

W. Wilson, Director, 11th Services Division

More of our award-winning employees who were honored at the last quarterly awards:

#### **Length of Service Awards:**

Joseph Wilkins and Hyon Carter; Bolling Clubs

Allen Douglas, Marina; Michelle Maloney, Information Technology

Beonie "B" Pearson, Auto Skills Center; Lee Gause, Outdoor Recreation Center

#### Senior NCO of the Quarter MSgt Temeria Sandifer, Superintendent

Civilian of the Quarter, Category I

Shirley Foster, Library

Civilian of the Quarter, Category II Anthony Lawrence, HRO

Civilian of the Quarter, Category III Michelle Maloney, IT

#### Super Stars

The Super Star Program was developed to recognize Services' outstanding performers of the quarter. These distinguished members of the Services team were "hand-picked" by their flight chiefs and supervisors as team members who have best modeled our division's customer service philosophy or whose innovative achievements and problem solving have significantly enhanced existing programs, service quality or responsiveness.

#### **Potomac Lanes**

Svat Luke, Eufrocinia Gonzales, Nam Martin, Danilo Minador, Samuel Campbell, Robert Smith, Doreen Kennedy, Glenn Enrico

Natalee Jackson, Laura Robinson

#### **Bolling Club**

Joseph Wilkins, Altha Rae Thomas, Jose Rivera, Francisco Ceno, Terestia Ramos, Jovencio Sanchez

Varo Rigsby, Devonia Womack,

#### CDC2

Jennifer Mckinney, Lavette Favors

#### **Youth Programs**

Cathy Austin, Tina Bowen, Keyona Dobbins, Tiffany Dobbins, Sue Gregory, Marie Sanchez, Stacey Nelson, Jamie Riggs, Kyndal Wiggins, Joyce Sheridan

#### **Resource Management**

Jason Murphy

#### **Fitness Center**

Melissa Burns, Sylvia Goff

#### **Falcon's Feast**

Outstanding employee of the quarter is: Muoi Kennedy

he Annual Freedom Fest event, held at Giesboro Park each July 4, promises to be bigger and better than ever this year. The event kicks off at 3 p.m. with a bike parade and culminates with a spectacular fireworks display over the nation's capital around 9 p.m.

Don't miss the fun this year. We have added a number of new features including rides, a magic show and clowns. Come out and revel in the oldfashioned country fair atmosphere, with a pie and cookie baking contest, the AF band, carnival games bungee trampoline and a variety of food booths. Kids of all ages will have a ball!

- AF Band
- AF Honor Guard
- Car and Motorcycle Show and Swap Meet
- Bike Parade
- Food and Drinks
- Rides
- Carnival Games
- Magic Show
- Mini Golf
- Dog Show-off • DJ
- Sports Challenges
- Texas Hold 'Em Tournament
- Beer Booth
- Static Displays

- Bungee Trampoline
- Double Dutch Jump Rope Demonstration
- Hand Dance Performance
- Fireworks

If you are looking for a great place to view the fireworks without the hassle of the crowd and traffic jam downtown, look no further. We have plenty of free parking in the BX/Commissary parking lot that is a short walk to the event site. Bolling is the place to be on the Fourth of July! Contact the Bolling Marketing Office for more information: (202) 767-1371.

#### **Get Spirited!**

Join the "Spirit of Services," a two-month long campaign aimed to reintroduce DoD personnel to the Services Division. Beginning on July 4th and concluding in September patrons who use Services facilities will be able to enter to win a variety of weekly prizes as well as a grand prize. Each receipt from a Services facility earns the recipient a chance at the weekly or grand prize. To be eligible, fill out a drawing slip and place in the Spirit Station entry box located in Services facilities. All patrons entering must be 18 years of age and a DoD ID card holder. Entries will be limited to one entry per day, per person, per facility. For example you can head to



2005 Freedom Fest Photo (Decorated Bike Parade)

Pettini's for lunch and the Club for dinner (don't forget to bring your spouse!) and that is four entries in just one day. Imagine how many you can have in

The festivities will kick off at the Annual Freedom Fest. Stop at our booth and register for the drawing. Then enter again each time you visit a Services facility. Visit Services facilities from July-September for a variety of special events and programs that will be occurring during the "Spirit of Services" campaign. Contact the 11th Services Division Marketing Office at (202) 767-1371 with any questions.

# **Gear Up for Summertime Fun with 11th Services!**

#### **Get out on the Potomac**

Want to get away from the traffic and heat this summer? Get out on the river! Come to the Capital Cove Marina to rent a boat. From our strategic location you can take short cruises to historic Olde Town Alexandria or the Washington Harbor to visit wonderful restaurants and shops or just stroll along the cobblestone streets. Head south to Fort Belvoir, Mount Vernon or Quantico. Longer cruises can take you to Pope's Creek or Cobbs Island to savor some fresh seafood or over to the Chesapeake Bay where a myriad of great destinations await.



#### **Rent a boat at Capital Cove Marina**

17 foot sailboats-\$10 per hour/\$50 per day Jon boats-\$10 per hour/\$50 per day Bass boats-\$15 per hour/\$100 per day

Looking for a place to dock your boat? The marina offers wet and dry slips at a very good rate compared to local marinas off-base. Wet slips are all rented for the season, but you can get on a list for an opening.

Club members get priority on the waiting list. If you pay for your boat or slip rental on your AF Club Card, you will get a reduction of \$1 per foot on the dockage fee in addition to the 2% cash back from the credit card.

#### **Fishing Tournament**

Mark your calendars for Saturday, October 21, so you won't miss the Capital Cove Bass Fishing Tournament and Casting Kids competition.

#### **Get Movin' with Outdoor Rec!**

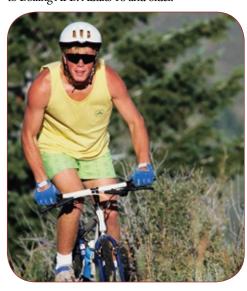
The Bolling Outdoor Recreation Center (ODR) is offering outdoor adventures for every taste. Call them at (202) 767-9136 for more information.

#### **Go Biking with ODR**

June 3, 6 a.m. to 11 a.m., \$25

Ride the Mount Vernon Trail from Roosevelt Island along the Potomac River to Mount Vernon. The trail offers wonderful views of the Potomac and DC monuments. Interesting sights along the way include: Gravelly Point, Arlington National Cemetery, Olde Town Alexandria and George Washington's home at Mount Vernon.

We will transport you and your bike (rental included in the price) to Roosevelt Island where we begin the trip on the 17 mile paved bike path. Your tour guide will accompany you every step of the way, to offer commentary about the sites. You will also have vehicle support the whole way. We'll stop in Olde Town Alexandria for a snack (provided) and tour of the Olde Town. Later we will stop again for another snack break. Snacks of fruit, trail mix and cold bottled water will be provided at each stop. We end the trip at George Washington's Mount Vernon home where the van will pick us up for the trip back to Bolling AFB. Adults 18 and older.



## **The Great American Yard Sale**

June 17, 8 a.m. to noon

Closets and garage overflowing? PCSing? Get rid of your extra stuff and make some money to boot! Bring your treasures and collectables to sell at the Great American Yard Sale being held in the Marina/Outdoor Recreation Center parking lot June 17. Rent a table for only \$10.



#### **Build a Cardboard Boat at the Splash Party**

Come out for an evening of fun June 23 from 5-9 p.m. at the Swimming Pool. Admission is free! Grab your bathing suits and beach towels and head over for an evening of fun in the sun, with a DJ, face painting, arts and crafts, games and, back by popular demand, cardboard boat races. That's right. Kids can sign up at the Youth Center to start building their boat out of sheets of cardboard. The event was so popular last year, we have expanded it to adults. Adults who are interested in building a cardboard boat and entering the race can do it right at the event. So, bring your boat building plans with you and see if you can make it to the other side of the pool before you sink! For more information about Summer Splash, call the Community Center at (202) 767-8553 or 404-8708.

#### **Splash Down at the Swimming Pool**

Free for ID card holders and families

The shimmering water is beaconing to water babies from noon to 7 p.m. daily, Memorial Day weekend through Labor Day weekend. The pool consists of three pools and a patio area. There is a one-foot-deep covered toddler pool, a three-foot deep children's pool and an Olympic-sized pool with a double slide, diving well and laps. The pool offers vending machines with snacks and drinks for a day-long adventure. The pool opens from 11 a.m. to noon for adult lap swim Monday through Saturday. On Wednesday, the pool is open until 9 p.m.

Looking for an ideal location for a summer gathering? There is no better place to have a unit party on a warm summer night! Rent the pool on Monday, Friday, Saturday or Sunday from 8 p.m. until midnight. Call Bobby McCullough at (202) 355-2325 for more information.



#### **Potomac Lanes Offers Summer**time Bowling, Food and Fun!

Join the "Summer Strike Force" at Potomac Lanes. Chance to win \$500! Fill card, win a prize! The more you bowl the more you win. Call (202) 563-1701 for details.

#### **Summer Leagues**

Sign up now for a summer league. Stop at the desk or call (202) 563-1701.

#### **Father's Day Special**

Saturday, June 17

Father's bowl FREE when bowling with spouse or children. \$1 shoe rental.

#### **Summer Beat the Heat Special**

Only \$1 per game during open bowling.

#### Airman's Bowling Special

Ranks E1- E4 bowl free anytime. \$5 for shoe rental.

#### **9 Pin No Tap Tournament**

June 17

Starts at 2 p.m. Entry fee \$15. Top five bowlers receive prizes. Minimum of 30 bowlers needed to start tournament. Sign up by 2 p.m. Friday, April 14.

#### **Learn to Bowl**

Contact front desk at (202) 563-1702 to sign up.

# **Zone Lounge**

Hang out at the best-kept secret on Bolling through Saturday.

# **Meet your Friends at the Strike**

AFB...the Strike Zone at Potomac Lanes. We offer friendly service, great prices, great food, and a variety of beverages, pool table, big screen TV, foosball, free juke box and darts. Open from 4 to 9 p.m. Monday

# **New Mini Golf Course**

Summertime just wouldn't be the same without that All-American pastime...mini golf! Come out to Giesboro Park beginning June 1 for a challenging game of mini golf on our brand-new course. Putt around the Washington DC monuments to compete with friends and family for \$3 a game. After you're done, stop for a snack at the Snack Shack. Hours are Thursday through Sunday and Holidays 11a.m. to 8 p.m. other times, the facility can be rented for private functions for \$50 an hour. Call (202) 767-9136 for more information.



4 From the front line to the home front www.bolling.af.mil www.bolling.af.mil From the front line to the home front 5

# **Hungry? We've got what you want**

#### Dine on the Patio at the Slip Inn

Welcome summer by stopping by the Slip Inn. The warm weather is back and so are the extended hours at the Slip Inn! The Slip Inn is now open Monday through Thursday, 11 a.m. to 9 p.m. On Friday, we are open from 11 a.m. to 11 p.m. Saturday, noon to 10 p.m. and Sunday 1 p.m. to 7 p.m.

Now you can get the Best Fried Chicken in DC for dinner. Try some of the new Buffalo Wings and Cheese Stix. The Slip Inn offers some great alternatives to chicken. Try the catfish sandwich, tuna salad or Carolina Pulled Pork Sandwich. So stop by for lunch, dinner or both. The patio is open!

#### **Party on the Patio**

#### Every Wednesday 6-9 p.m.

Enjoy live music Jimmy Buffett-style on the Potomac River every Wednesday and Friday Night, April through September at the Slip Inn. Miss Conchita invites you to come have some of the best fried chicken in DC. Come enjoy the Margaritavilleatmosphere at our new Tiki Bar. Our frozen drinks are perfect for a warm summer eveningon the water.

Slip Inn Bldg. 2482 Arnold Street (202) 767-5840 New Hours:

Monday-Thursday: 11 a.m.-9 p.m. Friday: 11 a.m.-11 p.m. Saturday: noon-10 p.m.

#### Wanna Piece of Me? Come to Petinni's for all-voucan-eat pizza!

Petinni's is conveniently located in the Community Center, just steps away from Blanchard Barracks. We serve an all-you-can-eat pizza buffet Monday-Friday from 11 a.m. to 1:30 p.m. The menu also includes several pasta dishes including awesome chicken lasagna served with garlic bread. If you want something lighter, choose from several delicious salads or get a sub sandwich made up fresh just for you. Don't stand in long lines waiting for your lunch. Come to Petinni's and get on with your life!

#### Pizza-To-Go

Looking for a quick Friday Night Meal? Try Petinni's for carry-out pizzas. Call ahead for faster service: (202) 767-1964. Carry-out pizza service is offered every Friday night from 4-7 p.m.

Petinni's Restaurant Bldg. 1307 (202) 767-1964

Mon-Fri, 11 a.m. - 1:30 p.m. Friday carry-out pizza 4-7 p.m.

#### Where's the Beef? At **Potomac Lanes!**

Want a big juicy burger with onion rings on the side? Come to Potomac Lanes for lunch! The Potomac Lanes Snack Bar offers one of the widest varieties of food choices on base. Diners can chose from favorites like steak sandwich, Bolling burger sub, tuna, egg salad or grilled cheese sandwiches, burgers, subs or BLTs. The chicken strips, grilled chicken sandwiches, gyros and onion rings are very popular choices as well. On the lighter side, one can choose from salads and soups. Save money by getting a combo meal. Join us for lunch and bowl a game or two while you're there!

#### Potomac Lanes Snack Bar and Pettini's Bldg. 1310 (202) 563-1701

Mon. - Thu. 6:30 a.m. - 8:30 p.m. Fri. 6:30 a.m. - 10 p.m. Sat. 12 p.m. - 10 p.m.

# on the Services vans? Have you seen our ads,



# **June Special Events at the Club**

#### the Club!

Members receive over \$100 in coupons each month. In addition, you get a Chase MasterCard with no monthly fee and 0% APR for the first 12 months. Plus you get 2% cash back on all purchases on base including all Services facilities, commissary and BX, and 1% on all off- base purchases. No matter how you cut it, membership is a great deal.

#### **Monthly membership fees**

First Term Airman	Free
E1-E4	\$4
E5 & above	\$10
Civilians GS 1-7	\$10
1LT-Capt	\$18
Major and above	\$21
Civilian GS-8 & above	\$21

### **Get Cash Back for** your Gas!

Gas prices getting you down? Use your Club card to pay for gas on-base and get 1% cash back each month. Do you pay for child care, groceries or gas on-base? You get 2% cash back on all on-base purchases, AAFES, commissary or Services when you use your Club card. Plus you get 1% of all purchases off-base. What are you waiting for? Join the Club today!

**Need Cash for College? AF Clubs Can Help!** 

For the tenth consecutive year, AF Club membership is helping members and their families combat the costs of higher education. Six individuals will be selected to receive a combined total of \$25,000 in scholarship money given away in the Air Force Club Membership Scholarship Program.

To enter, just write and submit an essay of 500 words or less on the topic "Proud to be an American." Your essay must be submitted to the Director of Bolling Services in building P12 Brookley Avenue, by July 14, 2006. The contest is open to current Air Force Club members and their family members (spouse, son, stepson, daughter, stepdaughter).

All eligibility requirements are on the website at: www-p.afsv.af.mil/Clubs/. Pick up an application brochure at the Bolling Club or the Marketing Office in building P12. Call the Marketing Office at (202) 767-1371 for more information.



#### **Father's Day Brunch**



Bring dad to the Club on Father's Day, June 18 and let the Club staff do the work while you relax and enjoy your family. Savor a festive and sumptuous buffet of Dad's favorites. The Bolling Club creates a beautiful array of salads, hot entrees, fruit, breakfast items including omelets made-to order and champagne. The price is \$14.95 for adults, \$7.50 for kids 6-12. Five and under are free. Call the Club at (202) 563-8400 to make your reservation.

Do the Math and Join

#### Don't Miss the Club **MembershipDive-in Movie!**

Looking for a way to beat the heat in DC? Come to the Membership Dive-In Movie Party at the Base Swimming Pool June 30, 8 p.m. to midnight. Boogie down on the patio with the DJ from 8 to 10 p.m. Put on your swim attire and join us for a first-run movie on a huge screen on the deck at the pool from 10 p.m. to midnight. Float in the pool on an inflatable while you watch or take a moonlight dip. We're firing up the grill to serve hamburgers and hot dogs and all the fixings, free for club members. Try a special patio drink from the cash bar. Door prizes will be given away. Come on in the water's fine! Open to adults 18 and over.



6 From the front line to the home front www.bolling.af.mil www.bolling.af.mil From the front line to the home front 7

# Let us Entertain you at the Bolling Clubs...June 2006

#### A Week at the Clubs

#### **Sunday**

Champagne Sunday Brunch:

10:30 a.m. - 2 p.m. Members First Benefit \$14.95, Kids 6-10 \$7.50, 5 & under free. Live piano and vocalist.

#### **Monday**

Closed.

#### **Tuesday**

Buffet features Italian dishes from 11 a.m. - 1:30 p.m.

#### Wednesday

Buffet features American Favorites from 11 a.m. - 1:30 p.m.

Seafood Smorgasbord 5:30 - 8:30 p.m. Members-First price \$22.95 including wine and champagne.

Social Hour 5 - 6 p.m., FREE bar snacks and reduced bar drinks in the Tuskegee Lounge. Club Member drawing for cash at 7 p.m.

#### Thursday

Capital Bistro Buffet features Pork Chops from 11 a.m. - 1:30 p.m.

Casual Dining from 5 - 8:30 p.m. Social Hour from 5 - 6 p.m., with FREE bar snacks and reduced bar drinks in the Tuskegee Lounge.

Club Member drawing for cash at 7 p.m.

#### **Friday**

Buffet features Seafood from

11a.m. - 1:30 p.m.

Social Hour 5-6 p.m., FREE bar snacks and reduced bar drinks for members in Tuskegee Airman Lounge.

Mongolian BBQ 5-8:30 p.m.

Club Member drawing for cash at 7 p.m.

#### **Saturday**

Saturday Night Supper Club: Featuring 2-for-1 dinner specials and live bands. (Last Saturday of each month)

#### **Seafood Smorgasbord**

Every Wednesday, 5:30 - 8:30 p.m.

\$22.95 Members-First price Feast on clam chowder; king crab legs, shrimp, oysters, salad and dessert tables, and a hot buffet with variety of entrees and side dishes.

#### **Casual Dining**

#### Thursday and Friday 5 - 8:30 p.m.

Enjoy a casual dinner with your friends, family or co-workers in the Fireside Lounge, Thursday and Friday. Open to all. Don't feel like dining in? Take it to go. We have a special menu for kids! Mongolian BBQ every Friday except First Friday. Late night menu on First Friday.

#### **Champagne Sunday Brunch**

Every Sunday, 10:30 a.m. - 2 p.m.

\$14.95 members, \$7.50 Kids 6-12, Free for 5 years and under. Adults will love the lavish buffet that includes eggs benedict, scrambled eggs, made-to-order omelets, breakfast meats, Belgian waffles, French toast, home fries, prime rib and turkey carving stations, salad and fruit bar, a selection of lunch entrees and a dessert table. Piano and vocals from 10:30 a.m. - 2 p.m. Parties of 25 or more must make a reservation with a Club Card number. Call (202) 563-8400. Room reservation fees apply for groups.

#### **Kiddies' Korner**

Bring the kids to Sunday Brunch. They'll love having a buffet just for them with all their favorites.

# Have a Special Event on the Horizon?

There is no better place to create memories that last a lifetime than the Bolling Clubs. Contact our catering office to discuss your special event at (202) 563-8400, Tuesday - Friday 9 a.m. to 5 p.m.

#### **Lunch Buffet**

Diners can choose from soups, fresh baked breads, salads, hot entrees and assorted desserts. Each day, two club members win a free Sunday Brunch or Seafood Buffet during the lunchtime drawing.

Tuesdays: Italian Specialties Wednesdays: American Favorites Thursdays: Pork Chop Day Fridays: Seafood Specialties

Call the Bolling Clubs at (202) 563-8400 for more information on weekly events.

# **Mongolian BBQ**

Select your own fixings for a perfect stir-fry every Friday except First Friday from 5 – 8:30 p.m. Let the chef add your favorite meat and serve it up on a bed of white rice...healthy and delicious!





# Become a Club Member today and receive over \$100 dollars in coupons every month.

Call the Bolling Clubs at (202) 563-8400 for more information

# <u>Don't miss out</u> on our fabulous monthly events at the Bolling Clubs.



# **All-Nighter First Friday**

June 2, Members Free

Free for all ladies from 5-9 p.m., \$10 cover charge after 9 p.m. A DJ will keep the party hopping in the Washington Dining Room. FREE bar snacks for club members from 5-7 p.m. Win cash, free brunch or Seafood Buffet certificates at the 7 p.m. membership drawing. Late night casual dining menu available.

# Bring the Kids to Family Night

June 15, 5 - 8:30 p.m.

Come for an evening of family fun and an Italian Buffet in Casual Dining. The whole family will love having a choice of pasta dishes, salad and garlic bread. \$8.95 for adults, \$5.95 kids 6-10 years and free for kids 5 and under. Call the Clubs at (202) 563-8400 for more information.

#### **Texas Hold 'Em**

June 23, 4:30 p.m.

Enjoy the Pasta Buffet before you play Texas Hold 'Em. Club members have priority. Registration begins at 4:30 p.m. Call the Club at (202) 563-8400 for more information.

# **Boss & Buddy Night**

June 16, Members Free

Come to Boss & Buddy Night on the third Friday of each month from 3-4:30 p.m. Cash bar. Free bar snacks for Club members. First Sergeants are the Squadron POCs.

# Saturday Night Supper Club Saturday June 24, 6-11 p.m.

Two-for-one dining special with a special treat. "Stereo Strings" a band of strolling minstrels who entertain tableside. After dinner, dance cheek to

cheek to the sounds of a live band until 11 p.m.

Call the Bolling Clubs at (202) 563-8400 for more information on the monthly events.

# **Library Events**



#### **Weekly Story Time**

Every Tuesday at 9:30 a.m.

Join us for stories, crafts, and sing-a-longs. Customers can give us a call or stop by the library for a copy of the Story Time topics flyer for the month.

#### Where the Wild Things Are!

A special guest will be coming in costume with music and dancing and lots of fun!

#### Flag Day June 13

All about our national flag "Old Glory." We'll also be making Father's Day cards to send to deployed Dads. (these cards can be scanned and e-mailed to fathers far away!)

#### **Father's Day Card making**

June 16, 4-5 p.m.

Make a card for your Dad. We can scan it to e-mail to dads far away.

#### Juneteenth

June 20

We'll be talking about how the African American forefathers helped build this great country. NOTE: this will be the last Story Time until September.

> Call the Base Library at (202) 767-5578 for more details for each programs.

#### **Summer Reading**

Begins June 27

Registration starts June 1 for this year's summer reading program, entitled "My Mummy Makes Me Read." Sign up early; as this program fills up fast. There will be a \$3 registration fee per child to cover the field trip to the National Geographic Society and the Gala finale on July 26. There are two categories of participation; 5-8 year olds and 9-13 year olds. Registration will close June 23. "My Mummy Makes Me Read" kicks off June 27. Come join in all the fun and games as we discover the ancient art of hieroglyphics; mummies and the Sphinx. Keep weekly reading logs to win great prizes. Create your own works of art as we explore Egyptian treasures. Enjoy the scavenger hunts while we learn more about this fascinating culture.

# **Keep Your Child On Base for Kindergarten**

The staff at CDC- I are taking kindergarten applications now for the 2006-2007 school year. The kindergarten classroom is located in CDC-I, conveniently located right here on Bolling AFB. You can rest assured that your child is safe on base with no need to put him or her on a buss going to an off-base school.

To enroll, your child must be 5 years old by October 31, 2006 and able to get on base with proper identification. Complete an AF Form 1181, provide a copy of birth certificate, immunization record, parent's leave and earning statement and a \$100 nonrefundable deposit to CDC-I.

- Kindergarten begins September 5, 2006.
- Hours are 8:30 a.m.-3 p.m.
- The program receives DC Public School credit.
- We are a developmental kindergarten following the Department of Defense Curriculum.

Call the CDCI at (202) 767-2890 for more information.

# **Youth Events for June**

#### **Bowling**

June 2

Join us for exciting time of Extreme Bowling. The music is cranked up, black lights are on and pins and balls glow. We'll leave the center at 7 p.m. to walk to Potomac Lanes. Cost is \$3.25 per game with free shoe rental. Those registered in the Fit Factor will earn points.

#### Dinner and a Movie

June 3

Admission to the movie is \$9.75 and dinner prices range from \$5 to \$10 depending on what you order. Meet at the Youth Center at 6 p.m. Must be 11 years old and up. Sign up by June 1.

# Tie-Dye

June 9

Have a t-shirt or a hat that you want to decorate with color? Learn to create brilliant dyed color items. Join us for this creative experience at 7 p.m. Sign up by June 6.

#### **Youth Field Day** June 10

Have a ball doing a variety of fun events including the three-legged race, tug of war, horse shoes, and free throw contest. Bring a friend for some old-fashioned fun. Events start at 5 p.m.

# **End of School Dance**

June 16

School is out; the last test has been taken and the last paper turned in. Now it is time to relax. Join us to mark the occasion with music and dancing; from 6:30-10:30 p.m. Advanced tickets are \$3, \$5 at the door.

#### **Water Fest June 17**

Come to Water Fest for a really "cool" time! We are going to have a blast playing Water Draw, Balloon Toss and Slip & Slide to help you stay cool. Fun begins at 4 p.m.

#### **Summer Splash 2006** June 17

The Youth and Community Centers are working together to bring you Summer Splash 2006. There will be music, swimming and, back by popular demand, the cardboard boat race. The Youth Center is looking for teams of adventurous youths to build and race the boats. Please register your teams with the Youth Center at (202) 767-4003. The Youth Center will be closed during the Summer Splash Event. See you at the pool from 5 -9 p.m.

#### **Summer Fashion Show June 17**

Teens and pre-teens, do you have a great summer outfit you would like to show-off at the Youth Center Fashion Show? You are invited to be part of this festive occasion whether as a spectator or participant. Deadline for registration is June 17. The curtain rises at 7:30 p.m.

# **Community Project**

Now that Spring is here, let's help make our base look nice. The Youth Center is looking for teens to give Mother Nature a helping hand by cleaning up Giesboro Park, This is a great opportunity to earn community volunteer hours toward the Youth Employment Skills (YES) Program or for your school. If you are interested contact the Youth Center at (202) 767-4003. Please sign up by June 24.

#### **FitFactor**

Put the game controller down and get up, get out and get fit!

You can still be part the Fit Factor Program, a webbased program that encourages kids to Get Up, Get Out and Get Fit! Kids aged 9 to 18 earn points for being active in a variety of ways, from team sports to household chores. Earn points and achieve the five Fit Factor levels. For each level you reach, you earn valuable prizes. The levels are Energy, Strength, Agility, Adventure, and Endurance. Register with the Youth Center and start logging in at www. afgetfit.com start earning points. Earn up to 100 points per day by eating healthy and being active in a variety of activities that you do in school, at home, with friends, family, pets and even alone. Enter your activities on the website. When you reach a new FitFactor level, the computer will congratulate you and tell you to go the Bolling Youth Center to pick up your reward.

#### **Youth Center**

Temporarily located in the **Community Center** Bldg. 1307 Brookley Avenue (202) 767-4003

### Piano Lessons at the **Community Center Family Member Programs**

Have you dreamed of tickling the ivories like Elton John? Now is your chance. Learn to play the piano at the Edward H. White Community Center. We have a professional piano instructor who can teach you everything you need to know. Instruction is available for adults and children. For more information call (202) 767-4636 or (202) 404-8708.

10 From the front line to the home front www.bolling.af.mil www.bolling.af.mil From the front line to the home front 11

## **Fitness Center**

# Join the Base Physical Fitness Clubs

Join one of nine incentive programs that will inspire and motivate you to take action or continue to be active...for better physical, mental and spiritual health. By continuing to be active regularly, you'll be building good health habits with benefits you can enjoy throughout your life.

#### Physical Fitness Clubs are as follows:

Cycling Club
Jogging Club
Power Walking Club
Stepping Club (Elliptical Trainer/Stair stepper)
Aerobic Dance Club - includes Step aerobics
Racquetball Club
Basketball Club
Strength Training Club
Club Elite (Active Duty only)

Stop by the Fitness Center to join or for more information. Participants earn a chance to be entered in a drawing for a new treadmill just like the new ones in the Fitness Center.

#### **Stressed Out? Time to Relax!**

The Fitness Center now offers Therapeutic Massage in addition to the Hand and Foot Reflexology Service. Choose from several different methods of massage: Corporate Chair Massage, Deep Muscle, Swedish, Sports Massage and Pre-natal. The massages are booked through the Fitness Center, but actually take place in the Bolling Club in a specially-prepared room near the Westover Entrance. Club members will receive a discount in pricing and also receive a \$5 coupon with their monthly club

coupons. Pay with your AF Club Card and get 2% cash back. Reflexology is a relaxation and stress reliever. It works by applying pressure point nerve stimulation to certain areas of the hands and feet that correspond to every part of body, including major organs.

All sessions are held at the Bolling Aerobic Center. All appointments are made by calling the Bolling Fitness Center at (202) 767-5895.

#### Massage Therapy & Reflexology

Monday & Tuesday 8 a.m. – 5 p.m. Friday 8 a.m. – 3 p.m.

Reflexology Only

Wednesday 10 a.m. - 3pm Thursday 11:15 a.m. - 4:30 p.m.



# **Pentagon Services**

- Exclusive Pentagon Ticket Master Outlet
- Discount sporting and event tickets
- Shadow boxes and plaques
- Pentagon AF member's discount

Room 4A722 (703) 697-9866

#### www.pentagon.services.hq.af.mil

Hours of Operation: Monday-Friday 9 a.m. – 4:30 p.m.

entagon Services is the one-stop Services shop for all Air Force personnel assigned to the Pentagon. We sell discount tickets to area attractions, sporting events, movies and special events. We provide a variety of informational flyers and brochures to amusement parks, tourist attractions and other areas of interest. Our store carries mementos and collectibles such as shadow boxes, wall plaques and Air Force memorabilia. Our issue center provides ice chests, camping equipment and Santa suits to Air Force employees. Come by and see all we have to offer, or check out our website at www.pentagon.services.hq.af.mil

#### **TicketMaster**

We are your exclusive TicketMaster outlet in the Pentagon. Visit us for all your ticket needs. Air Force members assigned to the Pentagon get a discount!

#### **Movie Rentals**

Pentagon Services has a large up-to-date selection of VHS and DVD movies for rent. Fees are only \$1.50 per day or \$2.50 for a weekend. Simply fill out a rental agreement in Room 4A722. There is no membership fee.

#### **Local Amusement Parks**

Services carries discount tickets to the following parks: Six Flags America in Largo, MD; Paramount's Kings Dominion in Doswell, VA; Hershey Park in Hershey, PA; and Busch Gardens and Water Country USA in Williamsburg, Virginia. We can special order tickets to Sesame Place in Pennsylvania, or any other Busch Gardens/Sea World park in the country. Enjoy your summer fun for less at Pentagon Services.

### **Charter Boat Fishing Trips**

Services offers discounted fishing excursions on the Chesapeake. Special rates apply on charters throughout the season. Check our website for the complete 2006 schedule.

#### **Professional Baseball**

Services has tickets to all Washington Nationals home games at RFK Stadium. We can also special order group tickets for your office. If the Baltimore Orioles are more to your liking, we offer tickets to select Orioles games at Camden Yards.

#### **Wolf Trap**

Services has discount tickets to two matinee plays at Wolf Trap in Vienna, VA. The first show is "Chicago: the Musical" on Saturday, July 15. The second performance is "Disney's Beauty and the Beast" on Saturday, September 2. Seats are limited at \$45 each, so stop by today!

#### **Bus Trips to Atlantic City**

Our next day trip is to Atlantic City on Saturday, July 15. Price is only \$29 for round trip transportation and a casino incentive. If gambling is not for you, enjoy a summer day at the beach, exploring the Boardwalk restaurants, amusements and shops.

# **Arts and Crafts Center**

#### **Frame Shop**

The Frame Shop is proud to announce a new partnership with Nurre Caxton, the manufacturer of the newest style of frames on the market. We are able to order these fabulous frames for our customers far below the price you would pay elsewhere. In addition, customers who order these frames in the month of June will receive an additional 10% off as a special introductory sale. You have got to check these out! Stop by today. Call the Frame Shop at (202) 767-8560 for information.



#### **Engraving Shop**

Save an average of 40% on all engraving, wood and acrylic plaques, name plates and brass plates compared to downtown. We have some really great new plaques that can be customized. Call the Engraving Shop (202) 404-6997 for more information.

#### **Wood Shop**

We have the best equipped wood shop in the area, with an expert woodcrafter on site, a full line of power and hand tools, and the most popular hardwoods for sale at reasonable prices. Wood Shop Safety Class is offered on the 1st & 3rd Thursday from 6 - 9 p.m. for \$10. Call the Wood Shop at (202) 767-4422 to reserve your seat.

Along with all of our other hardwoods, we are now carrying American Ash. This hardwood has a very good overall strength and polishes to a very nice finish. Ash is generally straight-grained with a course uniform texture, great for making furniture, doors and kitchen cabinets as well as turning bowls and pens. Come on in to see Josh for details and for all your woodworking needs.

# New Gift Boutique Offers Great Gifts

It's retirement and PCS season once again. Looking for a unique personalized going-away gift? Check out the beautiful new gifts available at the Arts & Crafts Center. Choose from a wide array of elegant shadow and flag boxes, flags, marble etchings of the Pentagon and other monuments, wooden pen boxes and sword cases. We also have more of the frustration-less kites left for only \$5. Kids can decorate them and they are very easy to fly with minimal wind. These are one of the easiest ways to get your kids into kite flying. They will feel so proud when they can get it in the air the first time all by themselves.

Tuesday-Thursday 1-9 p.m. Friday 12-8 p.m. Saturday 9 a.m.-5 p.m.

Arts and Crafts Center Bldg, 4472 Arnold Avenue (202) 767-4422

# Arts and Crafts Center

# **Auto Skills Center**

#### Brake Class June 14 from 6-8 p.m.

Save some money on your car repairs. Join us at Auto Skills to learn how to change your own brake pads. Price: \$20 per person. Call the Auto Skills at (202) 767-4571 for information.

#### **Get Your Car Ready for Summer**

Don't get caught without your A/C when you need it the most! Come to the Auto Skills Center to get you're A/C serviced and save \$10! We'll service your A/C for only \$55. Cost of freon is extra.

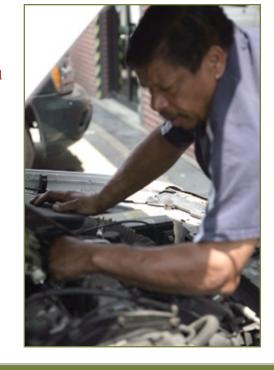
# Get Your Oil Changed While You Have Fun

Drop off your car at the Auto Skills Center while you are having a day of adventure with Outdoor Recreation. The professional mechanics will change your oil for you and have your car ready when you get back. We will pick you up and drop you off and you will also save \$4 on your oil change.

#### **Car Show and Swap Meet**

In conjunction with the Freedom Fest event, the Auto Skills Center is sponsoring a Car Show and Swap Meet July 4 from 10 a.m. to 4 p.m. Registrations from participants must be received by 6 p.m. June 24. All cars must pre-register to get on base. Registration is \$12. Vendor table \$10. Prizes and trophies. Call the Auto Skills Center at (202) 767-4571 to get a registration form.

Auto Skills Center Bldg. P8 240 Brookley Avenue (202) 767-4571



12 From the front line to the home front www.bolling.af.mil www.bolling.af.mil From the front line to the home front 13

# **Hours of Operation**



- Admission is free!
- DJ
- Face Painting
- Arts and Crafts
- Games
- Cardboard Boat Races



Time to make a change? Services has some great jobs

The 11th Services Division is continually seeking to employ good people in variety of positions. The jobs range from clerical to food service, child care to recreational aides. The complete listing is available in the Human Resources Office (HRO) 12 Brookley Avenue, two buildings down from the post office. The HRO is open Monday through Friday from 7:30 a.m. to 4:30 p.m.

• CDC Program Assistant \$10.35 - \$12.68 an hour

 House Keeper \$10.29 an hour

 Bar Assistant \$ 9.25 an hour

For more information about Summer Splash

call the Community Center at (202) 767-8553

or 404-8708.

Call the HRO at (202) 767-5206 for more information.



#### **Arts & Crafts**

Building 4472 (202) 767-4422

Frame & Wood Shop

...Closed Sunday-Monday.... Tuesday-Thursday.............1 p.m. - 9 p.m. Thursday ..... ...1p.m. - 6 p.m. (Wood Shop) ...12 p.m. - 8 p.m. Saturday... ..9 a.m. - 5 p.m. Engraving Shop (202) 404-6997 Sunday & Monday ......Closed Tuesday-Friday..... .....9 a.m. - 5 p.m.

#### **Auto Skills Center**

Closed 1st Tuesday of the Month

Building P8 (202) 767-4571

**Auto Bays** 

Monday-Thursday ......1p.m. - 8 p.m. Tuesday & Wednesday .......Closed ..9 a.m. - 8 p.m. Friday.... Saturday..... ..9 a.m. - 5 p.m. Sunday... ..Closed Retail Sales Monday-Thursday ..... ..9 a.m. - 8 p.m. Tuesday-Wednesday..... ..9 a.m. - 12 p.m. Friday.. ..9 a.m. - 8 p.m. Saturday. ...9 a.m. - 5 p.m. ..Closed Sunday....

#### **Bolling Clubs**

Building 50 (202) 563-8400

Tuskegee Airmen Lounge

Wednesday-Friday... ..4 p.m. - 11 p.m. Sunday Brunch

Sunday... ..10:30 a.m. - 2 p.m. Lunch Tuesday-Friday...... ...11 a.m. - 1:30 p.m.

Dinner Wednesday-Saturday......5 p.m. - 9 p.m.

Cashier's Cage Tuesday-Friday. ..10 a.m. - 4:30 p.m.

Office Hours Tuesday-Friday. ...9 a.m. - 5 p.m.

Catering Office Tuesday-Friday.... ....9 a.m. - 5 p.m.

**Capital Cove Marina** 

Building 90 (202) 767-4651 ....9 a.m. - 7 p.m.

**Child Development Center CDC-I** Building 4456 (202) 767-2890

Monday-Friday.... ....6 a.m. - 6 p.m. **CDC II** Building 4455 (202) 404-8071 Monday-Friday..... .....6 a.m. - 6 p.m. **Community Center** 

Building 1307 (202) 767-8553 or (202) 767-8708

Monday-Friday.. ...8a.m. - 5 p.m. Saturday-Sunday.....

**Community Programs** 

Building 4477 (202) 404-7710 Monday-Friday......8 a.m. - 4:30 p.m.

**Equipment Rental** 

Building 928 (202) 404-8896 Tuesday-Wednesday......Closed Thursday-Monday ......9 a.m. - 6 p.m.

#### Falcon's Feast Dining Facility

Building 1301 (202) 404-8510 Monday-Friday

Breakfast ..... ..5:45 a.m. - 7:45 a.m. Lunch ..... ..11 a.m. - 1 p.m. Dinner... ..3:30 p.m. - 6 p.m. Midnight Meal. ..11 p.m. - 12:30 a.m. Saturday-Sunday & Holiday Breakfast .... ..7 a.m. - 10 a.m. Lunch ...... ...12 p.m. - 2:30 p.m. Dinner.... ...3:30 p.m. - 6 p.m. Midnight Meal .... ....11 p.m. - 12:30 a.m.

#### **Family Child Care**

Building 1307 (202) 404-1454

Monday-Friday......7:30 a.m. - 4:30 p.m.

#### Fitness Center

Building P15 (202) 767-5895

Fitness Center

Monday-Thursday ......4 a.m. - 10 p.m. Friday..... ....4 a.m. - 9 p.m. Saturday.... ...7 a.m. - 8 p.m. ...7 a.m. - 5 p.m. Sunday...

Aerobic Center

Building 38 (202) 767-8821 Monday-Wednesday ..... ....4 a.m. - 8 p.m.

...4 a.m. - 7 p.m. ...4 a.m. - 6 p.m. Friday... Saturday... ....9 a.m. - 4 p.m.

#### **Human Resources Office-NAF**

Building P12 (202) 767-5206 Monday-Friday7:30 a.m. - 4:30 p.m.

Library

Building 4439 (202) 767-5578 Monday-Friday.... ..10:30 a.m. - 8 p.m. Saturday.... ...12 p.m. - 5 p.m. Sunday & Holidays..... ...Closed

Building 602 (202) 404-7050 or (202) 561-2558 Open 24 hours a day

#### **Outdoor Recreation Center**

Building 928 (202) 767-9138 / 9136 / 8562 Daily......9 a.m. - 7 p.m.

#### **Pentagon Services**

Office 4A722 Pentagon (703) 697-9866

Monday-Friday......9 a.m. - 4:30 p.m.

#### Pettini's Restaurant

Building 1307 (202) 767-1964 Monday-Friday......11 a.m. - 1:30 p.m.

Carry-Out-Pizza

Friday.....4 p.m. - 7 p.m.

#### **Potomac Lanes Bowling Center**

Building 1310 (202) 563-1702 Monday-Thursday ......6:30 a.m. - 9:30 p.m. Friday......6:30 a.m. - 11 p.m. Saturday..... .....12 p.m. - 11 p.m. Sunday & Holiday ......Closed

Snack Bar

6:30 a.m. until one hour before closing on weekdays and during lane hours on weekends

#### Lounge

Monday-Saturday.....4 p.m. - 9 p.m.

#### Slip Inn Restaurant & Lounge

Building 2482 (202) 767-5840 Monday-Thursday ......11 a.m. - 9 p.m. ......11 a.m. - 11 p.m. Saturday.... ....noon - 10 p.m. .....1 - 7 p.m. Sunday....

#### **Swimming Pool**

Opening May 27 Daily... ..Noon - 7 p.m. Wednesday... ...Noon - 9 p.m. Lap Swim

Monday-Saturday......11 a.m. - Noon

#### **Youth Center**

Building 4485 (202) 767-4003 (TP 1307) Monday-Thursday ......4:30 p.m. - 9 p.m. Friday......4:30 p.m. - 11 p.m. Saturday..... .....2 p.m. - 11 p.m.

#### School Age Care

(Before and after school) Located in CDC-I Building 4456 Monday-Friday......6 a.m. - 6 p.m.

# **Dining Facilities**

Bolling Clubs Falcon's Feast Dining Facility Pettini's Restaurant Potomac Lanes Snack Bar Slip Inn

# **Family Programs**

CDC I & II Community Center Community Programs Youth Center

# **Sports & Leisure**

Aerobic Center
Auto Skills Center
Fitness Center
Library
Lodging
Outdoor Recreation Center
Swimming Pool

#### **Pentagon Services**

Location: Pentagon Building Room: 4A722 Tele: (703) 697-9866

**Services Division / HRO** 

# Looking for fun and great places to eat?

